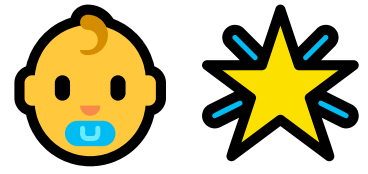


Big Sibling Helper Checklist



Big brothers and big sisters have important jobs. Tick each one you try!

Big sibling's name: _____

Getting ready

- ☐ I helped pick out something for the baby
- ☐ I looked at my own baby pictures
- ☐ I picked a toy to share with the baby
- ☐ I read a story about becoming a big sibling

When the baby comes home

- ☐ I said hello to the baby in a gentle voice
- ☐ I helped fetch a diaper or a blanket
- ☐ I sang a song or read a story to the baby
- ☐ I showed the baby a funny face

Just for me

- ☐ I had special one-on-one time with a grown-up
- ☐ I told a grown-up how I feel today

Draw a picture of your family here: